



Girls' 5-on-5 Basketball Tournament Rules and Regulations

Federation (High School) rules will be used, with the exception of the changes listed below.

1. There will be four 8-minute quarters for all divisions. Clock stops for time outs and free throws only, except for the last minute of the 4th quarter during which it will stop as in regular play if the score is within 10.
2. Players must compete in their own grade classification with the exception that players in a lower grade may participate in an older division. Players from different schools may play together.
3. All teams must have uniform shirts with visible numbers on the back.
4. Free throws will be shot.
5. In grades 3, 4, 5, and 6, only man to man defense is allowed, and no double teaming of the ballhandler (in other words have your players guard their person, helpside is allowed).
6. No full court press allowed for grades 3, 4, 5 and 6 except if the score is within 10 points during the last 2 minutes of the game.
7. Substitution is allowed on dead ball situation only.
8. Overtime periods will be 2 minutes with the clock stopping on all dead balls. Teams will be allowed one additional timeout per overtime.
9. All teams will be guaranteed three games.
10. There will be a 3 minute haltime depending on time availability.
11. There is a five minute leeway from game time to forfeit time. You may start a game with 4 players.
12. Each team must supply their own warmup balls.
13. Players are allowed 5 fouls. Bonus in effect on the 7th foul for all divisions, 2 shots on 10th.
14. Teams are allowed 1 timeout per half. Timeouts do not carry over. An extra timeout will be granted in each overtime session.
15. Teams may enter the lane on free throws when the ball hits the rim.
16. Adult coaches must accompany their teams in dressing rooms, during games and at any other tourney activities.
17. Tiebreakers for pool play will be determined by 1. Head to Head first and then 2. Point Spread vs. next ranking opponent.
18. The Tournament Directors must be notified as to who the responsible adult is. An adult must sign the roster and be paid in full or the team will not be allowed to participate.
19. Teams are allowed one head coach and one assistant coach on the bench during the game.
20. Unsportsmanlike conduct on the part of the players, coaches and FANS will not be tolerated.
21. Daily admission will be \$5.00 for adults, \$3.00 for students, 6 and under –FREE



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